



# 5th Annual Diabetes Training for Medical/Health Support Staff

**\*SAVE THE DATE\***

**October 26-27, 2006**

The Utah Diabetes Prevention & Control Program will cover:

- ❖ Lodging for the evenings of Wednesday, October 25<sup>th</sup> and Thursday, October 26<sup>th</sup> *for those more than 50 miles from Provo.*
- ❖ Meals included: breakfast, breaks, and lunch during the training
  - ❖ \$15.00 for dinner on Thursday and Friday if you work or live more than 100 miles from Provo.
- ❖ Mileage will be reimbursed at \$0.37/mile for those driving their own vehicle.
- ❖ Education materials
- ❖ Comprehensive yet basic training in diabetes management

Training components:

- ❖ Obesity and Diabetes
- ❖ Nutrition Basics
- ❖ Exercise Basics
- ❖ Hypo & Hyperglycemia
- ❖ Heart Health & Co-Morbid Conditions
- ❖ Meds/Insulins/Glucagon
- ❖ Testing, gadgets, pumps
- ❖ Diabetes Complications
- ❖ Goal Setting/Behavior Change
- ❖ Cultural Appropriate Healthcare
- ❖ Gestational Diabetes

**Date:** October 26-27, 2006

**Place:** Marriott Courtyard  
1600 N. Freedom Blvd.  
Provo, Utah

**Time:** 8-4:30pm on 10/26 and  
8- 2pm on 10/27

Open to 2 people from each  
organization – Supervisor's  
approval/signature needed.

**Questions:** Nathan Peterson at  
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